



Volunteer Description

Volunteer title:	Volunteer Young Carer Mentor
Responsible to:	Young Carers Project Manager
Contract:	Voluntary
Duration/ time commitment:	Flexible - To be discussed at interview.

Introduction

Young Carers can have less of an opportunity to access education, training and employment as a result of the social exclusion and isolation that their caring role can contribute to.

Enfield Carers Centre is running a Young Carers Project to support 5- 18 year olds living or caring for somebody living in the London borough of Enfield.

A mentoring relationship will be established to follow the young carers' advancement and help them reach their goals by the end of the programme.

Main aims of the post

- To build a supportive and trusting mentoring relationship with young carers.
- To help young carers address barriers to their engaging with educational, employment or training aspects of society.
- To make clear action plans with young carers in order to reach achievable goals.

Scope and accountability

The mentor:

- Will be supported by the YCs Project Manager and Support Workers
- Has responsibility for establishing a mentoring relationship with young carers and delivering agreed objectives.
- Will adhere to Enfield Carers Centre's policies and procedures at all times

Areas of Responsibility

Mentoring Role

- To build a positive relationship with young carers in a one to one or group setting, working together to overcome barriers and reach achievable goals.
- To plan with the mentees the steps needed in order to reach desired outcomes.
- To be willing and able to make a commitment to Enfield Carers Centre.
- To discuss and review progress on a regular basis.
- To help with the mentees' personal development, and contribute to increase the mentees' confidence and self-esteem.
- To be willing to share skills and experience with the mentee.
- To prepare short reports for internal use as needed.
- To ensure that the mentoring relationship is ended to the satisfaction of both parties.

General

- To be committed to safeguarding and promoting the welfare of vulnerable adults and children.
- To work at all times within the philosophy and policies of Carers Trust and of the network partners.
- To comply with the Health and Safety regulations.
- To be willing and able to attend an induction programme with the network partner.

Benefits

- Sense of achievement through helping young carers progress and achieve their goals.
- Insight into the issues facing young carers in their daily lives.
- Personal fulfilment through contribution to community and individual.
- Ongoing support from Enfield Carers Centre to help the match succeed.

Person Specification

Essential	Desirable
<p>Experience</p> <ul style="list-style-type: none"> <input type="checkbox"/> Some experience of working with children and young people <input type="checkbox"/> A criminal records check (DBS) will be required. 	<ul style="list-style-type: none"> <input type="checkbox"/> Experience of working or volunteering with young people.
<p>Skills and knowledge</p> <ul style="list-style-type: none"> <input type="checkbox"/> Good communication skills, both verbal and written. <input type="checkbox"/> Committed, self-motivated and hard working. <input type="checkbox"/> Understanding of professional boundaries. 	<ul style="list-style-type: none"> <input type="checkbox"/> Knowledge of carers' issues. <input type="checkbox"/> Knowledge and understanding of issues related to access to employment, training or education.
<p>Personal qualities</p> <ul style="list-style-type: none"> <input type="checkbox"/> Reliability and respect of time commitments. <input type="checkbox"/> Tolerance of individual and cultural differences. <input type="checkbox"/> Encouraging and supportive behaviour. <input type="checkbox"/> Patience and flexibility. 	