

Online Activities on Zoom!

Mondays 4.30–5.15pm – Making Fitness Fun (all ages)

Tuesdays 4–5pm – EyPIC Chat (all ages)

Wednesdays 5–6pm – EyPIC Quiz (all ages) /

EyPIC Chat (teenagers only)

Thursdays 4–5.30pm – EyPIC Homework Club (all ages)

Fridays 4.30–5.15pm – Yoga (11+ years only)

The chats are hosted by ECC staff so they'll be safe and only young carers registered with ECC will be able to join.



Follow us on Social Media!

 EnfieldCarersCentreYoungCarers

 eypic_youth

 eypic_youth

**If you would like to join any of our events,
please contact us on 02083663677 or 07809332106.**

Online Activities on Zoom!

October Half-Term (26th to 30th October)

We will be running fitness sessions, yoga, theatre workshops, and a Comic Art workshop on Zoom.

Christmas Activities

Wednesday 9th December 5–7pm – Christmas Crafts:
We will be making Christmas cards and decorations together during a Zoom session (materials provided).

Wednesday 16th December 5–7pm – Christmas Party:
Join us for a Christmas quiz, bingo, 'Laugh Your Hat Off' yoga, and other games on Zoom!



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