Enfield Carers Centre
Empowering Carers

EyPIC
Enfield Young People in Caring

Half-term Activities on Zoom!

Monday **3.00–4.00pm** – Chickenshed Workshop (all ages)
Monday **4.00-5.00pm** – Making Fitness Fun (all ages)
Tuesday **3.00–4.00pm** – Chickenshed Workshop (all ages)
Tuesday **4.00-5.00pm** – Making Fitness Fun (all ages)
Wednesday **3.00–4.00pm** – Introduction to Kooth and EyPIC Chat (11+ years)
Wednesday **4.00-5.00pm** – Making Fitness Fun (all ages)
Thursday **3.00–4.30pm** – Folio Theatre Workshop (12+ years)
Friday **2.00–2.45pm** – Challenge Yoga (11+ years)
Friday **4.00–4.45pm** – Yoga (all ages)

The chats are hosted by ECC staff so they'll be safe and only young carers registered with ECC will be able to join.

Follow us on Social Media!

EnfieldCarersCentreYoungCarers
eypic_youth
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