



## VISION AND AIMS

Enfield Carers Centre (ECC) is a local, independent Charity set up in 2009 with the assistance of funding from the London Borough of Enfield.

ECC offers support and advice for all unpaid Carers who either live in Enfield or care for someone who lives in the borough. Its mission is a commitment: "To improve the lives of Carers in Enfield by championing their right to have choice about how their needs are met and to have a voice in shaping how services are developed for those they care for".

Appointed in 2015 by Enfield Council as its Trusted Assessor, Enfield Carers Centre now conducts Carers Assessments for adults caring for someone over 18 and for young Carers at transition age (16+).

ECC also offers homecare services for cared for people. The homecare services include: medication management, personal care, live-in/respice care, companionship, escorting to appointments, sitting services and free replacement care to attend one of ECC's training or other activities.



## WHO IS A CARER?

A Carer is someone of any age who provides unpaid support to family or friends who could not manage without help. Anyone can become a Carer at any time in their life and around one in eight of the UK's adult population is a Carer. The 2011 Census identified just approximately 30,000 unpaid Carers living within the Borough of Enfield and national research figures show the number of unpaid carers has increased by an estimated 4.5 million people as a result of the COVID-19 pandemic. In recognition that no two caring roles and no two Carers are the same, ECC works closely with other local organisations to deliver a high -quality service for Carers that is responsive to individual Carer needs.

## KEY OBJECTIVES

Some of the key objectives which ECC will be helping to meet are:

- **Carers are more aware of their rights and entitlements**
- **Improved Carer involvement via consultation and training**
- **Awareness of Carers is raised across all sectors and in the community**
- **All Carers have access to advice and services**
- **Carers are supported with training and access to employment**

## KEY OBJECTIVES ctd.

- Carers are less financially disadvantaged by the caring role
- Carers are less socially isolated
- Young Carers are relieved of inappropriate levels of care
- Carers are given access to respite breaks

### Services provided by ECC:

Access to information and advice	Legal Information Sessions
Carers Drop-ins/Support Group Meetings	Information Days and Training Sessions/Workshops
Carers Assessments	Range of Carers Support Groups
Carers Emergency Card Scheme	Complementary Therapy Sessions
Benefits Advice	Hospital Discharge Support Project
Carers' Time for A Break Scheme	GP Liaison Project
Counselling Services	Young Carers Support (5-18yrs)
Replacement Care & Emergency Respite Services	Health and wellbeing sessions
Homecare Services	Respite activities
Ican Navigator Support	Transition Support for Young People

The services at ECC are delivered by a team of dedicated and supportive staff and volunteers many of whom have several years' experience of working with Carers.

