

Opportunity for Personal Health Budget Lived Experience Members

Are you an individual, carer, parent or representative with lived experience of receiving or supporting someone to manage their Personal Health Budget (PHB), Social Care Direct Payment or Integrated Budget?

Are you interested in supporting other people to take up a PHB to have a better quality of life, flexibility, choice and control about how their care and support is received and health outcomes are achieved?

If so, would you like to volunteer as a Lived Experience Member and join the Lived Experience Group? This is a small working group created to shape and influence the development of a person-centred PHB project for NHS North Central London Integrated Care Board (NCL ICB).



If you are interested in being a Lived Experience Member, please request the role description and summary of responsibilities by emailing: nclicb.personalhealthbudgets@nhs.net

Deadline for applications is: Monday 13th February 2023 at 12pm.

Requirements for the Lived Experience Member



North Central London
Integrated Care Board

About the Lived Experience Group

- We are recruiting between 6 and 8 Lived Experience Members.
- The Lived Experience Group meetings will be made up of Lived Experience Members, PHB Programme Manager, PHB Officer and NCL ICB staff.
- You will need to have lived experience of receiving or supporting someone to manage a PHB, Social Care Direct Payment or Integrated Budget.

What NCL ICB will offer you in return

- £150 cash payment or gift voucher every two months.
- Travel and carer costs reimbursed for attendance at meetings and project activities.
- Support to develop leadership, influencing and decision-making skills.
- Opportunity to become a Peer Leader, through completing a Peer Leadership self-development programme, with mentoring support.

Time commitment required by Lived Experience Members

- Approximately 10 hours each month however this may increase during the peak of the project.
- The PHB project will run for approximately 9 months.
- The length of meetings are between 90 minutes and 2 hours; most meetings will be held via MS Teams, so you must have access to a computer with internet.
- Training will be provided and must be completed to fulfil the role.