

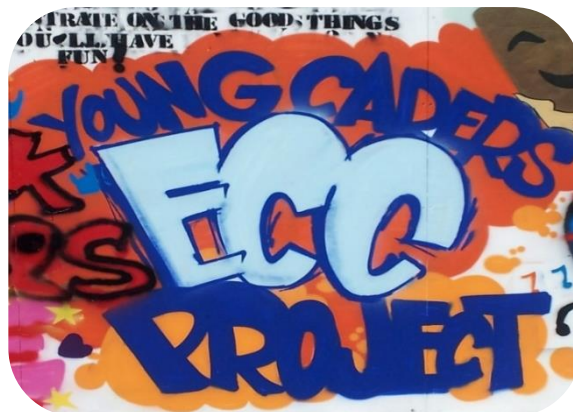
Aged 5-18 years and care for someone?

At Enfield Carers Centre, we run a **Young Carers Project** known as Enfield Young People In Caring (**EyPIC**).

EyPIC provide support to children and young people **aged 5-18 who have a caring role.**

This is a **FREE** service.

We provide respite activities, personal support, and help with schoolwork to young carers aged 5-18 who help look after someone in their family who has an illness, disability, mental health condition, or misuses drugs or alcohol.



Follow us on Social Media!

 [EnfieldCarersCentreYoungCarers](#)

 [eypic_youth](#)

 [eypic_youth](#)

Supporting Young Carers

We offer:

- 1-2-1 support meetings and mentoring
- A homework club (both in person and online)
- A range of group activities including drama workshops, craft sessions, chats, and yoga (both in person and online)
- Exciting trips (to places such as Jump In, the cinema, and others!)
- Support, advice, and information to young carers and their families
- We can also attend meetings at school to discuss educational support



If your child/ren care for someone and you would like them to be registered with us, please scan the QR code above, phone 020 8366 3677, or email us on youngcarers@enfieldcarers.org