# FREE HOME FROM HOSPITAL SERVICE 020 8373 6328



To ease the transition from hospital to home

**Delivered in partnership with** 







## **Purpose**

This free service is for people living in the Borough of Enfield who are leaving hospital and require some extra help and support

### We can help with:

- light household tasks
- basic food preparation
- medication collection
- shopping for essential items

### We cannot help with:

- personal care e.g. washing, toileting etc.
- form filling e.g. benefits etc.
- giving medication

But we can refer you to a suitable service.

### **Process**

Once a referral is accepted, our staff will arrange a home visit soon after discharge from hospital to discuss the care plan.

Anyone can refer or self-refer see the form at the back of this leaflet.

# **Service Options**

### **Option 1**

Following an initial 2 hour assessment on the first visit the patient will receive:

- Week 1: a one hour support visit
- Weeks 2 & 3: two weekly one hour visits
- Follow up support telephone calls
- Review call after six weeks

### Option 2

Following an initial 2 hour assessment on the first visit the patient will receive:

- Week 1: two x one hour support visits
- Weeks 2 & 3: three x one hour support visits
- Follow up support calls
- Review call after six weeks

# **Referral Form**

If you would like to refer yourself or someone else (with their permission) for the Free Home from Hospital service, please complete the details below, fill in this section of the leaflet and pop it in the post to the address below.

### **NO STAMP NEEDED**

| First Name:   |
|---|
| Surname:  |
| Address:  |
|   |
|   |
| Home telephone number;  |
| Mobile:   |
|   |
| I give my consent for Alpha Care and Enfield Carers Centre to contact me to |
| discuss services.   |
| Signed:   |
| Date:   |
|   |
| Business Reply Licence Number: RTZC-KKRH-EUUS                               |
| Alpha Care Specialists  |
| Community House   |
| 311 Fore Street   |
| Edmonton<br>N9 OP7  |

# Alpha Care Specialists The Home From Hospital Service

Community House
311 Fore Street, Edmonton
London, N9 0PZ

Phone: 020 8373 6328

Fax: 020 8373 6294

E-mail: HFH@ggcce.org.uk

### Also working in partnership with:



Funded by:



Alpha Care Specialists is a Company Limited by Guarantee (England & Wales) Company Registration No. 3957802.

Registered Office: Community House, 311 Fore Street, Edmonton, N9 OPZ