

YOUNG CARERS IN EDUCATION

Help us create a Fair Future for Young Carers

Young people tell us all the time that one of the biggest things that would make a difference is getting more recognition and support in schools, colleges and universities.

Young and young adult carers need to be identified at an early stage so their support needs can be met. And this is one of many issues they face. Carers Trust's latest Young Carer and Young Adult Carer Survey found:

- 40% of young and young adult carers don't get the help they need to balance caring with their studies
- As a result, one in three young and young adult carers struggle to balance caring responsibilities with education
- And more than one in four young and young adult carers don't have a staff member in their school, college or university (a Young Carers Lead) to whom they can turn when they are struggling with their caring role.



“There is no empathy or understanding towards young carers. I still get detention if I cannot finish my homework on time because my brother has had a seizure. They are really harsh when things go wrong.”

In the run up to Young Carers Action Day on Wednesday 13 March 2024 we want

We have also listed below some **more resources** to help

to play its part in ensuring young and young adult carers can thrive in education. In short, we want you to help us deliver a **Fair Future for Young Carers**.

Here's how you and your colleagues can help:

- Ensure your education setting has a **Young/Student Carers Lead** – this will build awareness of, and support for, young and young adult carers
- Have a **Young/Student Carers Policy** in place – so that all young and young adult carers know what help is available to them.



To find out more about supporting young and young adult carers in:

please contact:

play its part in creating a **Fair Future for Young Carers**:

For resources on how **schools** can support young and young adult carers in **England**:

- > [Young Carers School Champion checklist](#)
- > [Young Carers School Policy Checklist](#)
- > [Young carers poster for pupil noticeboards](#)
- > [Young carers poster for staff noticeboards](#)

For further information about supporting young and young adult carers in schools, visit the [Young Carers in Schools website](#) which provides resources, training and webinars, and an Award to recognise good practice.

For resources on how **higher/further education** providers can support young and young adult carers in **England**:

- > [Working With Further and Higher Education Providers: Top Tips](#)
- > [Supporting Higher Education Students with Caring Responsibilities](#)



Find out more about how you can get involved with Young Carers Action Day on Wednesday 13 March 2024 at www.carers.org/ycad