

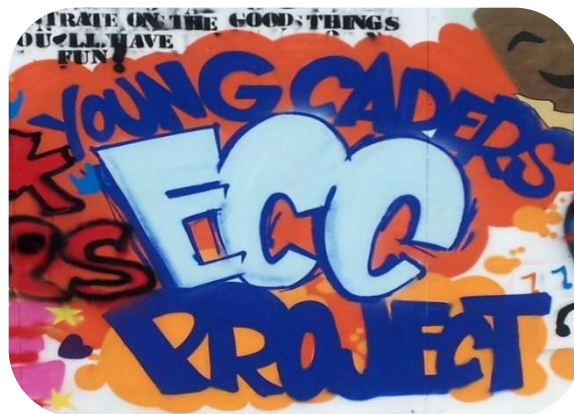
# Aged 5-18 years and care for someone?

At Enfield Carers Centre, we run a **Young Carers Project** known as Enfield Young People In Caring (**EyPIC**).

EyPIC provide support to children and young people **aged 5-18 who have a caring role.**

This is a **FREE** service.

We provide respite activities, personal support, and help with schoolwork to Young Carers aged 5-18 who help look after someone in their family who has an illness, disability, mental health condition, or addiction.



## Follow us on Social Media!

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# Supporting Young Carers

## We offer:

- 1-2-1 support meetings and assessments
- Family support
- Training sessions
- Educational support
- Support liaising with schools
- Regular term-time social activities (including drama workshops and craft sessions)
- School holiday activities and trips (to the theatre, cinema, Nando's, Air Hop, Southend, and more!)



**If your child/ren care for someone and you would like them to be registered with us, please scan the QR code above, phone 020 8366 3677, or email us on [youngcarers@enfieldcarers.org](mailto:youngcarers@enfieldcarers.org)**