

Enfield Carers Centre
Connections
Day care & community club

Connections, a new adult day care service in the heart of Enfield

- Offering a range of care and activities for you or your loved one
- Welcoming adults with a range of needs
- Run by long-established local charity Enfield Carers Centre
- Safe, secure provision in a bright new space
- Qualified, trained staff
- Specialist care for those with additional needs

New purpose-built community care space

For Carers

- Flexible respite and support
- Know your loved ones are in safe hands
- Wraparound support that complements our other care services

For cared-for

- Specially designed with needs of users in mind
- Welcomes adults with a range of care needs
- Safe and secure environment
- Personal care that supports individual needs
- Activities that promote physical and mental wellbeing
- Refreshments, hot meals* and transport*

In safe hands

Part of Enfield Carers Centre

- An award-winning charity
- Providers of quality support to unpaid carers in Enfield for 15 years
- CQC-regulated providers of adult care
- Support Workers at Connections complete all mandatory training required by the Care Quality Commission for Care Workers including: dementia care; personal care; first aid; manual handling; medication management and safeguarding

A range of ages and needs served

Affordable rates and flexible times

- Current rates can be found on our website
- A range of options that you can mix and match to suit your needs

Contact us to arrange a free taster session to see if Connections is a good fit for you!

A typical day





Welcome!

Before your first visit, we do an assessment of your needs and how we can help you.

Get involved in fun activities: mindfulness; gentle movement; games; arts and crafts; sing alongs; movies; and even pet therapy, all with plenty of laughter along the way!

We provide refreshments and can arrange a hot lunch for you*.

Fully-trained staff are on hand to help, keep you safe and ensure you enjoy yourself.

Connections has ground-floor access, a large dining room, a comfortable communal area, and spaces for a bit of peace and quiet. There is also an outdoor area for sunny days.



Family carers can enjoy a well-earned break whilst their loved one is with us.

*Small charge applies

Get in touch!

Connections is run by Enfield Carers Centre.

Contact us:
Connections@enfieldcarers.org
020 8366 3677 (option 2)

Connections is open Monday to Friday, from 10am until 4pm, and located at:

Enfield Carers Centre
Unit 7, 26-28 Queensway
EN3 4SA

There is ample parking in the vicinity and local bus routes 121 / 191 / 307 / 313 / 349 / 279 stop nearby

